

NOW Foods, L-Lysine, 1,000 mg, 250 Tablets



Description

- Essential Amino Acid
- Supports Collagen Synthesis
- Healthy Immune Function
- Non-GMO
- A Dietary Supplement
- Vegetarian - Vegan
- Kosher
- Family Owned Since 1968
- GMP Quality Assured

Lysine is an essential amino acid that must be obtained through the diet or through supplementation. Lysine is necessary for the production of all proteins in the body, and is required for the maintenance of the structural proteins collagen and elastin, which form all connective tissues such as skin, tendon, and bone. Lysine is also a precursor to carnitine, which is needed for fat metabolism and energy production. In addition, lysine may help to support a healthy immune system and proper cardiovascular function.

This product has twice the L-lysine (1,000 mg per tablet) as in our regular strength product (500 mg per tablet).

NOW® L-Lysine is a pharmaceutical grade essential amino acid.

Suggested use

Take 1 tablet 1 to 2 times daily.

Other ingredients

Microcrystalline cellulose, silicon dioxide, stearic acid (vegetable source), vegetarian coating, croscarmellose sodium and magnesium stearate (vegetable source).

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Warnings

For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Supplement Facts		
Serving Size: 1 Tablet		
	Amount Per Serving	%Daily Value
L-Lysine (from 1,270 mg L-Lysine Hydrochloride)	1 g (1,000 mg)	

- [NOW Foods, L-Lysine, 1,000 mg, 250 Tablets\(NOW Foods, L-라이신, 1,000mg, 250정\)](#)
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